Pat Armitstead
RGN, Dip Ed, Dip FTM
Worlds First Joyologist

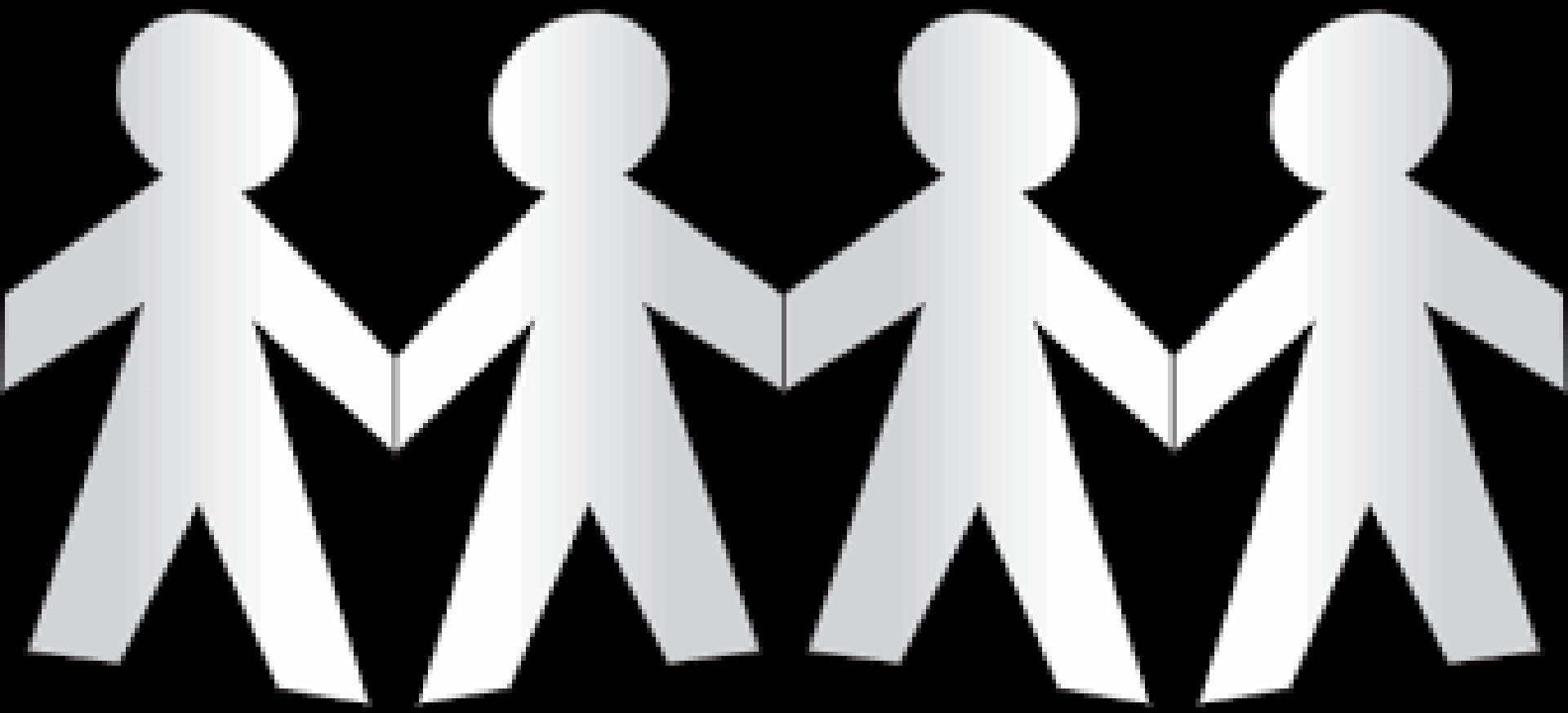
2015 Laughter Wellness Convention

Dedication

Auditions
are being held
for you to be
yourself.
Apply within.

“We cant all live a life
in the performing arts,
but we can live a life
enhanced by them”

Inspiring Communities



We don’t have much time !!

Everyday heros…..

Vision 2020

“Intimacy Revolution”

My Mission

Inspire hope

Liberate compassion

Evoke joy

“I am” statement

I am being called to
be a voice for all that is
joyful about humanity

What are you being called to do?

Fresh persona…

How am I going to show up in my community?

In the beginning…..1970 Bob Hall

Grieving seminar

Suddenly there was colour returning to my life

Invitation…..

Stan and Glad Rafferty – 2 pilots

Get into bed with your colleagues

... and your customers !!

Goldies Daughter….

Wade Jackson

Improv bandits

Rules of improv

First thought is correct

All players are equal

Ready to give and open to receive

Nobody wins if someone tries to win

Activity

The chair

Patch said….

Be the change you want to see

High energy greetings – Patch tour - Your turn

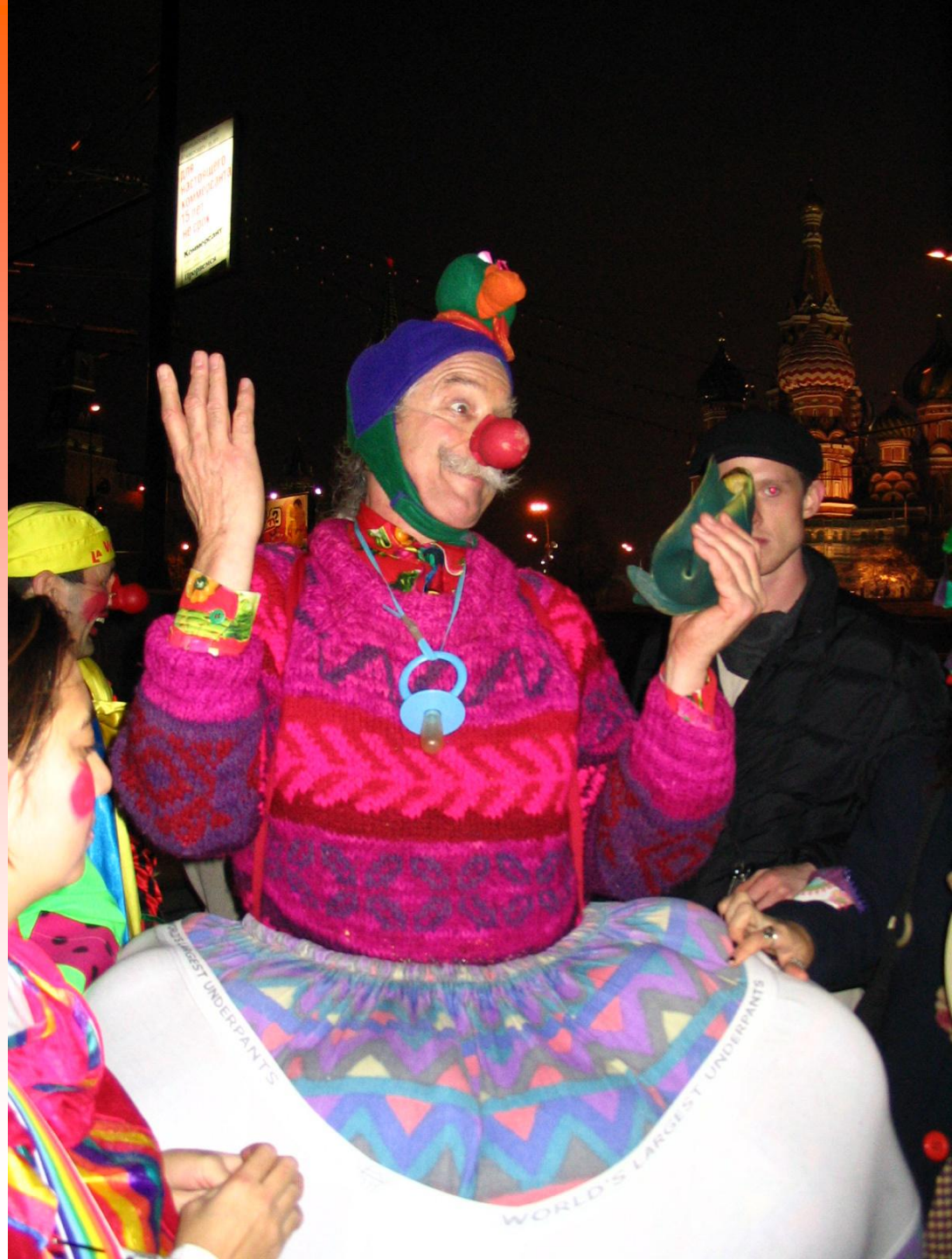
Sergiev Posad…

WHINING

To Russia with Love

ОЛЯ
ПРОХВАТАЕВА

Come and commune with me….



Vital and alive …

Come to your senses….

Clown Chakra

Raise your right hand if you can say….

I found this humerus

Humour in Business Awards – Laughter Logies

Glad Mail – how you leave them feeling!

Be the change you want to see

Transform your own life and the life of others

PAIN

“Doubting Thomas”

Clown persona

Alter ego

Doubting Thomas

Childrens Book
and
Animated
Cartoon Series

Like all good
fairy tales
series will have
a happy ending !

Doubting Thomas
has a new
girlfriend !!
Unwavering Faith !

Together they will
transform young lives !!

The rise of
Indigenous Humour

INVITATION

Put away your doubts and exercise unwavering faith

Remembering that….. first thought is correct !!

Who do you commit to being ?

Step out into your community and be a source of inspiration

You too can be the wind beneath their wings!!

Pat Armitstead

The worlds first Joyologist

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- Facilitator
- Coach
- Author

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